

Psycho Social Correlates of Psychological Health Problems among Parents of Children with Neurodevelopmental Disabilities

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Abstract

Present study aimed to examine the role of perceived care giving burden, family environment, social support and coping style in psychological health problems viz: anxiety, depression, somatic complain, social dysfunction among the parents of children with neurodevelopmental disabilities. The correlation research design was used for the study. Eighty such parents (N=80) participated in this study and they were divided into three groups: parents of children with intellectual disability (N=29), parents of children with cerebral palsy (N=21), and parents of normal children (N=30) age ranges between 26-55 years constituted the sample of the study. The participants were taken from different rehabilitation centers and special school at Varanasi. The participants were administered family environment scale, caregiver burden scale, multi-dimensional scale of perceived social support, modified Hindi version of the coping checklist and general health questionnaire. Correlation analysis was applied to see the relationship which revealed that perceived care-giving burden is positively associated with psychological health problems (.651, $p < .05$); and social support is negatively associated with psychological health problems (-.790, $p < .01$). The results are thoroughly discussed and interpreted and implications of the findings are underlined. Besides, limitations of the study and suggestions for future research are also indicates.

Keywords: Parents of children with neurodevelopmental disabilities & psychological health problems.

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