

## The Prominence of Emotional Intelligence in Displaying One's Mantle to its Fullest

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### *Abstract*

*Emotional Intelligence, encompasses a set of qualities and competencies comprising of individual skills and dispositions, commonly called as soft skills or inter and intra-personal skills, that fall out of the purview of the traditional areas of specific knowledge, general intelligence, and technical or professional skills. Emotions are an intrinsic part of our biological makeup, and every morning they march into the office with us and influence our behaviour. Emotional intelligence consists of five factors: Knowing one's emotions, managing emotions, motivating one, recognizing emotions in others, and handling relationships Goleman (1995). The construct of emotional intelligence was introduced to the academic and was put onto public by and after which it gained its importance understanding techniques the management can employ to efficiently for improve the quality of human resources in the organizations. Globalization, competition, quality, etc would ultimately putting pressure on the human resources, making them tense and hence affecting the productivity. The results clearly indicate that there is connectivity between emotional intelligence and employee productivity. If the employees knowing their own emotion and they are able to manage them they work more efficiently and productively. For that the researcher selected 114 samples on the basis of stratified random sampling technique targeting the hospital sector. The hypothesis that there is a positive correlation between the two selected variables dimensions. Correlation was worked out. Standard Psychological tools were used to measure. Result shows that there is a positive correlation between the two selected variables dimensions.*

**Keywords:** Emotional Intelligence; Work Performance; Hospitals

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